



This week's menu



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Chicken & Vegetable curry with rice	Cowboy pie with broccoli	Chilli con carne with rice	Homemade meatballs with noodles (E,G)	Chicken in gravy & boiled potatoes with Carrots + peas
Pudding	Apple crumble with custard (G,M,E)	Fruity jelly	Bananas and custard (M)	Cupcakes (G,E)	Fruity flapjack (G)
Tea	Beans on toast (G)	Cheese & tomato pasta bake (G,M)	Battered fish fillet filled roll with veg sticks (G,F)	Jacket potato with cheese	Sausages with spaghetti hoops (G)
Something to finish with	Yoghurts and fruit (M)	Yoghurts and fruit (M)	Yoghurts and fruit (M)	Yoghurts and fruit (M)	Yoghurts and fruit (M)

All allergies and preferences are catered for. Please speak to a member of management

Celery (c)	Cereals containing gluten (G)	Crustaceans (Cr)	Eggs (E)	Fish (F)	Lupin (L)	Milk (M)	Mollusc (Mo)	Mustard (Mu)	Nuts (N)	Peanuts (P)	Sesame seeds (SS)	Soya (S)	Sulphur Dioxide (SD)



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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Vegetable pasta bake (M,G)	Cottage pie with cabbage (M,G)	Macaroni cheese with garlic bread (G,M)	Sausages + mash with vegetables and gravy (G)	BBQ chicken with rice and sweetcorn
Pudding	Eve's pudding with custard (M,G,E)	Rice pudding (M)	Seasonal fruit bowl	Peaches with cream (M)	Chocolate cake with chocolate sauce (G,M,E)
Tea	Jacket potato with baked beans (M)	Assorted Sandwiches (Cheese, Ham & Egg) (G,M,F)	Corned beef hash with baked beans (M,G)	Pizza and vegetable sticks	Chill potato bake
Something to finish with	Yoghurts and fruit (M)	Yoghurts and fruit (M)	Yoghurts and fruit (M)	Yoghurts and fruit (M)	Yoghurts and fruit (M)

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This week's menu



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Chicken and mushroom risotto	Bolognaise pasta with green beans (G)	Sausages, chips and beans (G)	Chicken stew with dumplings (G)	Lasagne with broccoli (G,M)
Pudding	Lemon cheesecake (G,M)	Bread and butter pudding with custard (G,M,E)	Fruit mousse (M)	Jam sponge with vanilla sauce (G,M,E)	Fruit salad
Tea	Ham and cheese bagels with salad sticks (G,M)	Jacket potatoes with cheese/tuna (M,F)	Vegetable curry with rice	Battered fish fillet with baked beans (F,G)	Cheese and ham pinwheels with vegetable sticks (G,E,M)
Something to finish with	Yoghurts and fruit (M)	Yoghurts and fruit (M)	Yoghurts and fruit	Yoghurts and fruit (M)	Yoghurts and fruit (M)

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Celery (c)	Cereals containing gluten (G)	Crustaceans (Cr)	Eggs (E)	Fish (F)	Lupin (L)	Milk (M)	Mollusc (Mo)	Mustard (Mu)	Nuts (N)	Peanuts (P)	Sesame seeds (SS)	Soya (S)	Sulphur Dioxide (SD)